

Vestibular Rehab



Vestibular Rehabilitation Therapy (VRT) In Surrey | BC

Do you know anyone who has ever felt dizziness, vertigo, or issues with their posture and vision? Then, it might be trouble with their vestibular system.

The vestibular system is the complex sensory system that is responsible for maintaining balance and coordination of movements. This system is located in the inner ear. The vestibular system works with the visual and proprioceptive systems to provide equilibrium and awareness.

Maintain Equilibrium With VR Therapy

To maintain balance and reduce vertigo symptoms, it is essential to understand the root cause that triggers vertigo. Many causes can affect the vertigo system like inner ear disorders, migraines, medication, and neurological disorders. A thorough assessment will be conducted by our physiotherapist to provide the patient with a customized exercise program. Some balance exercises will also be incorporated to improve stability and postural control.



Recover With Vestibular Rehabilitation Therapy In Surrey, BC

With the help of our experienced therapist, many patients recover from disorders of the vestibular system. Although there are many kinds of vestibular disorders, most patients face issues like Benign positional vertigo, Labyrinthine infarction, Migraine, Concussion, Neurotoxicity, Otosclerosis, Dizziness, and Blurry vision. Our physiotherapists will treat such problems through customized exercise programs, gaze stabilization exercises, habituation exercises, balance training, coordination exercises, **concussion management** and many more, based on the patient's assessment report. If you or anyone you know is facing such issues, get treatment now to avoid further serious damage. Reach out to the highly experienced and professional physiotherapy clinic in Surrey, BC. Get the right guidance to treat such vestibular disorders.

Find Balance And Regain Life With Vestibular Therapy | Rehabilitation

Visit **Khalσα Physiotherapy Clinic** for personalized and effective vestibular therapy solutions in Surrey and Vancouver, BC. Initially, our team will carefully examine the symptoms and also review the patient's medical history. Based on the reports, the therapist will plan a customized program and start the treatment.

- Stable
- Relax
- More strength

- ✓ Therapy will enhance the neck's mobility.
- ✓ It will make them more active and improve their quality of life.
- ✓ Improve overall body functioning.
- ✓ Reduce the risk of serious damage and falling.
- ✓ Get rid of symptoms like dizziness and vertigo.



We also offer some home exercises to perform at home to promote continued progress. The team at Khalσα Physiotherapy Clinic sticks to the patient-centric approach to tackle unique challenges with vestibular disorders. Through the combination of customized exercises, knowledge, and ongoing support, vestibular therapists help individuals reduce symptoms and regain their quality of life. If you are looking for the best vestibular therapy in Surrey, BC then don't hesitate to contact our specialists at Khalσα Physiotherapy.

[Call Us Now](#)



Khalσα Physiotherapy Clinic puts special emphasis on hygiene, privacy and cleanliness. We provide individual rooms to every client for better privacy during assessment and sessions.

Quick Links

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Opening Hours

- Monday: -- By Appointment
- Tuesday: 10.00 AM - 8.00 PM
- Wednesday: 10.00 AM - 2.00 PM
- Thursday: 10.00 AM - 8.00 PM
- Friday: 10.00 AM - 2.00 PM
- Saturday: 10.00 AM - 5.00 PM
- Sunday: 10.00 AM - 5.00 PM

Association



